



HAPKIDO PROMOTION TESTING APPLICATION NO BELT TO BODAN BELT

LAST NAME:

FIRST NAME: AGE:

DATE OF TESTING:

APPLICATION DUE: Wednesday before test by 8:30pm

TEST TIME:

CURRENT RANK:

FILL IN RANK / TESTING FOR: Fee:\$45			
WHITE	YELLOW	ORANGE	LT. GREEN
DK. GREEN	PURPLE	LT. BLUE	DK. BLUE

FILL IN RANK / TESTING FOR: Fee:\$50		
RED	BROWN	BODAN
BODAN 1st Ref.	BODAN 2nd Ref.	BODAN 3rd Ref.

TESTING FEE: -check the appropriate fee rate
to attend **regular testings**(odd months, see schedule dates)

\$45 if turned in **BEFORE** 8:30pm on application due date
-Test for white belt to Dr. Blue Belt-

\$50 if turned in **BEFORE** 8:30pm on application due date
-Test for Red belt to Bodan Belt-

+\$10 for Private Test by appointment - see office

+\$5 if turned in **AFTER** 8:30pm on application due date

READ AND CHECK THE FOLLOWING BOXES:

Yes, I understand that this application may be turned in early, and absolutely **MUST BE** turned in by 8:30pm on the Wednesday before testing to receive the discounted testing fee price.

Yes, I have completed the worksheet on the back of this form. The Master An's manual contains all the answers. A class is offered every week to help with studying the manual and general terminology sheet.

I will attend Part 1 test on Thursday(), -please check the date

I may submit this application after earning my green stripe.

**do not write in the box below
for judges only**

- BASICS**
- Flexibility.....A A- B B- C C- R
 - Sit-ups.....A A- B B- C C- R
 - Push-ups.....A A- B B- C C- R
 - CardioA A- B B- C C- R
 - Speed.....A A- B B- C C- R
 - Power.....A A- B B- C C- R
 - Snap.....A A- B B- C C- R
 - Focus.....A A- B B- C C- R
 - Ki-Hap.....A A- B B- C C- R

- KICKING TECHNIQUES**
- Basic kick.....A A- B B- C C- R
 - Combination kick...A A- B B- C C- R

- PUNCH TECHNIQUES**
- Power.....A A- B B- C C- R
- Combination.....A A- B B- C C- R

- NOK-BUP FALLING TECHNIQUE:**
- Technique.....A A- B B- C C- R

- HO SHIN SOOL SELF DEFENSE**
- Control.....A A- B B- C C- R
 - Coordination.....A A- B B- C C- R
 - Effectiveness.....A A- B B- C C- R
 - Showmanship.....A A- B B- C C- R
 - Pressure/ Vital PointsA A- B B- C C- R

ROLLING TECHNIQUES...A A- B B- C C- R

SPARRINGA A- B B- C C- R

BREAKING.....A A- B B- C C- R

COMBINATION.....A A- B B- C C- R

TERMINOLOGY.....A A- B B- C C- R

- GENERAL REMARKS**
- Discipline.....A A- B B- C C- R
 - Attitude.....A A- B B- C C- R
 - Concentration.....A A- B B- C C- R

Comments _____

RESULTS
<input type="checkbox"/> PASS <input type="checkbox"/> RETEST <input type="checkbox"/> HOLD



HAPKIDO PROMOTION TESTING APPLICATION

NO BELT TO BODAN BELT



1. Name 3 Hapkido concepts that may be used as tools for positive "Key" control:

- a. Mind-Like-live-hand
- b. Avoid rather than check, check rather than hurt, hurt rather than maim
- c. "Hap", "Ki", and "Do"
- d. Mind-Like-Water, Mind-Like-Moon and live-hand
- e. Dan Chun Hup

2. What is "Don-Chun"?

- a. A famous martial artist
- b. A Jail
- c. The area under the bleachers
- d. The concentrated place of key within the body
- e. Block in Korean

3. What does the "Hap" in "Hapkido" mean?

- a. The path to Master An's
- b. Harmony
- c. Cosmic force
- d. Path of Discipline
- e. Hopping

4. What is "Key"?

- a. Yelling
- b. the forefinger
- c. A wrist Lock
- d. Power or energy within a person
- e. Electricity

5. What part of the body protects the neck in a ca roll?

- a. The head
- b. The tail bone
- c. The heart
- d. The arms
- e. The feet

6. Why is it important to have a variety of partners in Hapkido?

- a. In case you make one mad
- b. In case one moves away
- c. To ensure you can defend from a variety of situations
- d. For social interaction
- e. So you have an increased chance of winning

7. What is difference between Hapkido and Aikido?

- a. Hapkido is for the young, Aikido is for the old
- b. Hapkido uses rubber knives, Aikido uses hatchets
- c. Hapkido is from Korea, Aikido is from Japan
- d. Hapkido practices in bare feet, Aikido practices in slippers
- e. Hapkido is ancient, Aikido was founded in 1982

8. What is the purpose of falling techniques?

- a. To protect the head and vital organs
- b. To protect the shins and tops of feet
- c. To protect the fingers
- d. To prevent a bloody nose
- e. To confuse an attacker

9. How many vital spots in the human body?

- a. none
- b. 1,350
- c. 4
- d. 52
- e. 365

10. What do Hapkido, Aikido, Tai Chi and Kung Fu have in common?

- a. They are all from Japan
- b. They are all taught at Master An's
- c. They are all Olympic sports
- d. They are all soft style with circular movements
- e. They are all hard style with straight, linear movements

11. How do you say self defense in Korean?

- a. Ho-shim -nee ka
- b. Kyung-nay
- c. Nak-bup
- d. Ho-rang-ee
- e. ho-shin-sool

12. What is the name of your self defense technique?(in Korean)

13. What is the name of your testing kick in English?
